Arizona Swiss Society

VALLEY ECHO

Newsletter

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SUMMER / FALL 2021



Aarau

Spring Picnic

Spring Picnic Pandemic Edition by Zoom April 24, 2021

Zoom fun at the Spring Event with John Thornton' s usual leadership included some of his magic. Another Zoom event replaced the yearly Spring Picnic. Oh, there was food on that screen: Chocolate, Cheese, Wine. Lucky few got to eat and taste chocolates.



THANK YOU to Chief Chocolate Officer Ursula Schnyder who guided everyone through a unique interactive experience of properly tasting a flight of seven chocolates (preordered gourmand tasting kits).
No winners but smiling faces of the lucky ones tasting fine chocolates that added a new meaning to 'jealous' for those who watched.



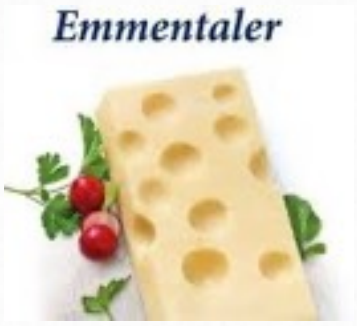
Winners of Kägi wafers, 3 lucky attendees who responded before April 17,

Benedikt Wechsler — Max Hächler — Beth Zurbuchen



A special DANKE to Beth Zurbuchen, President of the Swiss Center of North Amerika in New Glarus, Wisconsin, who gave a short talk including an interesting video. Anthony, our President met Beth at the April hike at Superstition Mountain. (Beth was visiting her mother in Mesa).

THANK YOU to our wine guest Laurent Crolla with Swiss wine bottles in a row (wine tasting in your dreams) but interesting to learn more about Swiss wine.



We loved the Emmenthaler Cheese video. Pictures in a drawer proof I stirred that kettle years ago on one of our visits. John added his magic, turned Emmenthaler-cheese-making of 4 months into 1 minute. Voilà — Emmenthaler John's way! What fun! THANKS John, for everything you do for the Swiss Club.

Hope to see everyone at the August 1st celebration on **Sunday, August 1st** . . . in person. We will drink to that!

Message from the President



Dear Members and Friends of the Arizona Swiss Society;

Wishing everyone a joyful and safe August 1st celebration for our 730 years of Swiss Confederation. Happy Birthday Switzerland!

I am very excited that we are finally able to meet in person at the Tasting Room of Four Peaks Brewery in Tempe this coming Sunday. We have 68 members and guests scheduled to attend and I am looking forward to seeing everyone again. It has been over 17 months since we last met in person due to the on-going COVID-19 pandemic. Within this time, however, we have had some amazing virtual events hosted and organized by John Thornton and Jason Price our exemplar masters of ceremonies and technical coordinators behind all our Zoom gatherings. Thank you John and Jason for your time and dedication.

Our last on-line gathering was in celebration of our Spring event. The theme was Swiss Chocolate, Swiss Cheese and Swiss Wine, and we were honored to have Ursula Schnyder (Chief Chocolate Officer of Sweet55, CA), Beth Zurbuchen (President of Swiss Center of North America in New Glarus, WI), and Laurent Crolla (Founder of Swiss Cellars, WI) present us with some enjoyable and informative reports. Thank you kindly for your contributions.

Please mark your calendars for the following upcoming events:

- Fall Fest, Saturday, October 16, 2021, at Eagle Park in Fountain Hills
- Holiday Party, Sunday, December 12, 2021, at the Paradise Valley Country Club
  (We are very excited to have our holiday party at the Paradise Valley Country Club. Thank you Max and Elsbeth Haechler (members of PVCC) for getting us in again.)
- Annual Meeting, Sunday, February 20, 2022, (Time/Location TBD)
- Spring Picnic, Saturday, April 9, 2022, (Time/Location TBD)

Please do not forget our higher-education scholarship program. The Arizona Swiss Foundation offers scholarship awards to those who qualify and are vetted by outside educators or evaluators. The application form for the academic Year 2021/2022 can be found on our website at arizonaswisssociety.com. Deadline for the scholarship award submissions is July 31, 2021.

Also, I would like to mention a special thank you to Sylvia Brunner Reichen and Trudy Wells-Meyer for their dedicated work in continuously providing us these wonderful “Valley eCHo” newsletters. Your time and efforts are much appreciated.

To a memorable August 1st celebration, I hope this letter finds everyone safe and sound.

With kindest regards,

Anthony P. Haechler, President
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Culture & Activities in Aarau



Aarau was founded between 1240 and 1250 by the counts of Kypurg Hartmann IV, and Hartmann V on the rock above the Aare River. In 1273 the counts of Kyburg died out.
Agnes of Kyburg, who had no male relations, sold the family's lands to King Rudolf I von Habsburg.
The Romans used the Aarau area as a traffic junction from the 1st century BC. The course of Bahnhofstrasse roughly corresponds to that of Römerstrasse between the legionary camp Vindonissa (Windisch) and the city of Aventicum (Avenches).



Historic City

To a large extent, the buildings of the old town dates back to construction projects in the 16th and 17th century, when almost all were replaced from the Middle Ages derived building or increased. Architectural development came to an end in the late 18th century when the city began to expand significantly. The old town houses are mainly in the late Gothic style. A special feature is around 70 roof gables with painted undersides (rounds), which is why Aarau is also known as the “city of beautiful gables”.



Historic City Today

The old town is today - thanks to the pedestrian area - a great shopping platform. Shops, restaurants and bars are very popular, thanks to the diverse markets and concert events that are held in the city. Annual highlights are the Maienzug, the Bachfischet (river fishing) and the Aargauer Rüebblimarkt.



City Museum Aarau

The first documentary mention of the Schlössli as "the old tower" took place in 1334. This designation served to distinguish it from the somewhat younger Rore tower, which is now integrated into the town hall. Originally, during the High Middle Ages, the Schlössli was assigned the function of a defensive tower. This was used to monitor the nearby Aare crossing. Since the tower was only erected shortly before the city was founded, it is assumed that it was planned together with the city complex. Today the Schlössli and the extension together from 2015 form the Aarau City Museum.

Maid and Night Watchman

Hört ihr Leut' und lasst euch sagen: uns’re Glock' hat eins geschlagen“. / “Listen, you people, and let me tell you: our bell has struck one”.

The chant of the night watchman rang out every hour.
A maid has a lot to tell from her life: from washerwomen, herb women, fairs and much more.



Activities in and around Aarau

Naturama Aargau



The Naturama Aargau is one of the most modern nature museums in Switzerland and offers excitement and knowledge for young and old. On an exciting journey through indigenous nature, it illustrates the world of Dino and mammoth, creates encounters with live animals and grants daredevils even a glimpse of the future. Naturama also has a museum café, a media library and a shop and regularly organizes special exhibitions and other events.

Nature Labor, especially for children:





Feeling, hearing, touching, smelling, building, trying out, testing:
In the Naturama's natural laboratory, children and adults can independently satisfy their curiosity with all their senses. In 18 thematically different drawers there is plenty of material to explore and brings much joy.

Special events for Children's Birthdays:
The festival community (maximum 10 children) takes one of two guided tours:
Track Detective
Discover footprints, feel real animal specimens and find hidden animal tracks.
Prehistoric Researchers
Search for fossils with the flashlight and learn how fossils are formed. And reconstruct a dinosaur skeleton yourself!

For more Information: http://www.naturama.ch

Aargauer Planetenweg / Aargau Planet Path



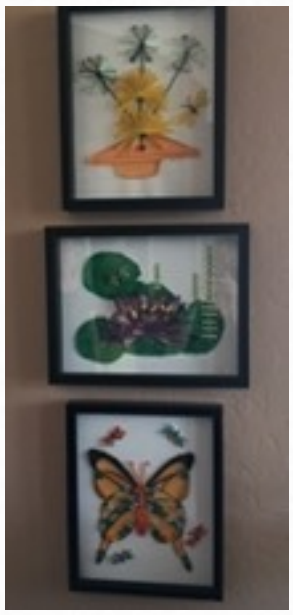


Take a walk from Aarau to Safenwil and realize how small and at the same time how magnificent our planet earth is! The size of the planets and the distances between them are demonstrated by models placed along the path through the woods.
From the start in Aarau you reach after a short walk the majestic linden tree (the «Echolinde») You will have a good view over the city and the surroundings. After a short distance the large model of the sun marks the beginning of the path. Then afterwards you'll pass the inner planets, Mercury and Venus. One meter of your way equals the distance of 1 million kilometers in space.
If you are accompanied by children you might want to turn from the line of planets after the Jupiter model and head towards the wildlife park Roggenhausen. Or you can follow the path and find picnic areas and ponds in the Kölliker Grossmoos.
About 6 km from the sun you'll reach a model of the tiny planet Pluto, the outpost of our solar system. You can follow the path to the railway station of Safenwil.

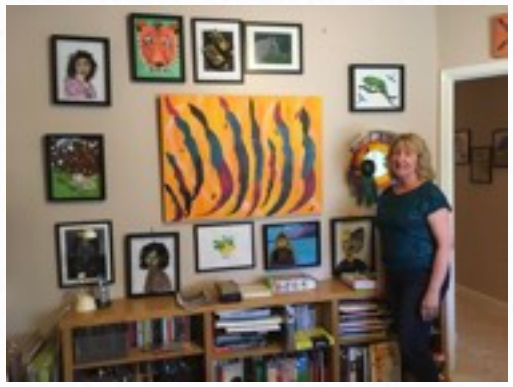
More information: https://www.myswitzerland.com/en-us/experiences/route/aargauer-planetenweg/
https://www.schweizmobil.ch/en/wanderland/routes/route-0510.html

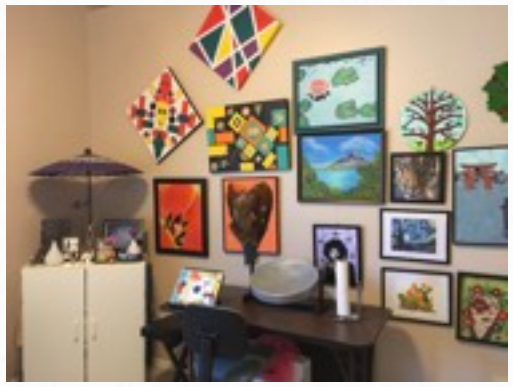
ARTIST STATEMENT

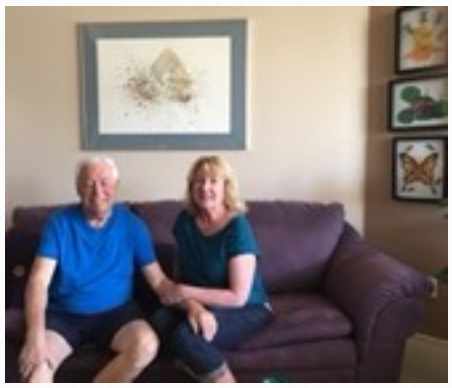
Vivian Stearns-Kohler



I am a “fearless” artist. When I initially started my art journey, I was terrified of a blank canvas or a new technique. As adults, we want everything to be perfect. Now, after putting many hours of “sweat equity”, I “see” new possibilities everywhere. By being open to my surroundings and impressions, this allows me to try new techniques and not remain stuck in a particular style, medium or subject matter. Vibrant color, interesting shapes and new mediums/ techniques are what inspire me. I am rather taken aback how I can create in one medium and translate it into another. For example, I design wearable art and home décor from my artwork.

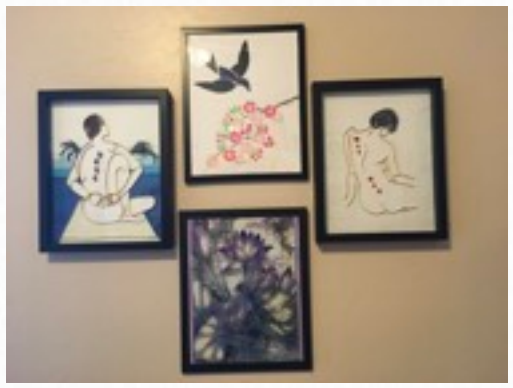






My creative repertoire now includes fused glass, oil and acrylic paintings, pastels, watercolor, pottery, wearable art/home décor, jewelry making and painting with paper (aka quilling).

It is important to me that I express myself through my art. Creating art is as necessary to me as the air I breathe.



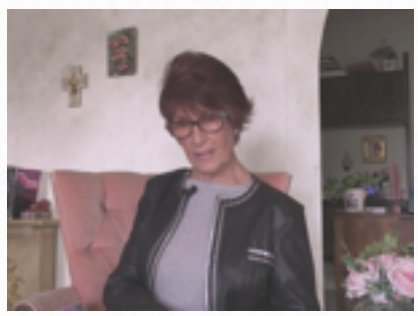
Scottsdale Public Library
May 7 at 7:00 AM ·

Local authors Ettie Zilber, Mirla Raz, and Trudy Wells-Meyer talk about memories and memoirs in this month's Local Author Book Talk program, premiering on the library's YouTube channel (YouTube.com/ScottsdaleLibrary) at 6:30 p.m. on Friday, May 21.





Memoirs Are Unique



Trudy Wells: Some Things Are Simply Meant to Be.

Scottsdale Public Library wrote to the participating authors:

“It’s finally going to happen. The long awaited May episode, the last episode, of the Local Authors Book Talk Series is finally coming. The trailer is now available on the Scottsdale Public Library facebook:.
https://www.facebook.com/ScottsdalePublicLibrary/videos/1444981865836479

Memoirs, we decided to make them into a special episode to conclude this program. It has been our experience that the best result of promoting library events comes from the active participation of the presenters.”

Local Authors Book Talk Team

Friday May 21, on Lew’s birthday, the Library presented the video that evening.



50 Years of Women's Right to Vote





Switzerland was one of the last European country to grant its female population full civil rights, but was the first country in which this was done through a referendum. However, another 20 years passed before women's right to vote was introduced in all cantons: On November 27, 1990, the federal court ruled on a complaint by women from the canton of Appenzell Innerrhoden, thereby confirming the unconstitutionality of the Innerrhoden canton constitution on this point. Appenzell Innerrhoden was the last canton to introduce the right to vote for women at cantonal level, contrary to a majority vote for men in the rural community on April 29, 1990.





The first women to be elected to the National Council was Hanna Sahlfeld, the 28-year-old theologian and mother of a 1-year-old child.

The French Revolution of 1789 was widely seen as the beginning of the women's rights movement, including in Switzerland. In the first federal constitution of 1848, legal equality was declared: "All Swiss are equal before the law. In Switzerland there are no subjects, no privileges of place birth, family or people". Women were not mentioned, neither explicitly included nor excluded in this equality article. In the legislation, however, it emerged that women were made subject to men.



Archive: Hanna Sahlfeld



Joking

The teacher gives the following homework:
What do the sheep, the pig and the cow give us?
Seppli replied the next morning:
"The sheep gives us wool, the pig gives us meat, and the cow gives us homework!"



Advertise in the Valley eCHo

Business card size	$ 10.00 per insert,	(no discount)
¼ page	$ 25.00 per insert,	pay 4 and get 10% off
½ page	$ 50.00 per insert,	pay 4 and get 10% off
Full page	$ 100.00 per insert,	pay 4 and get 10% off

Club News / Sunshine Committee

Hikes around Phoenix



April 11, 2021 hike at the Lost Dutchman State Park.

























May 16, 2021 in Payson-Trails

The joint hike with the Austrian Society was the Cypress Trail and the Boulders North Trail, then back the same way to the parking lot. An in and out hike, about 4 miles. At the picnic area we had a snack.

















Club News / Sunshine Committee



The Payson Trail was beautiful and trees gave cooling shade.

A special thank you to Jason Price for organizing the Spring Hikes.











Swiss Jassen





"We certainly had a beautiful and entertaining afternoon at Fred and Ursula Gmehlin yesterday. Everybody could sit outside and enjoy a nice weather even with the wind blowing once in a while. Thank you so much Ursula and Fred for your hospitality. You made us feel comfortable and I am sure everybody had a great time! As proof of the relaxed and fun afternoon I attached some pictures from yesterday. At one time it seems it got a little bit out of hand - just kidding!
I would like to organize another party later part of May. So far I could not find anybody that would like to host it. If you think you could do it please let me know. If not we will hopefully start a new season this coming November. Hopefully back to normal social conditions."









Best to everyone, Ueli

We welcome new and returning members:

Remo and Ellen Tartaglia, Chandler
Heidi Hausmann, Sun City West

Club News / Sunshine Committee

Soccer/Football match Switzerland - Italy EURO, June 16th 2021

Swiss members met at Four Peaks Brewery in Tempe. Soccer, the world calls Football, on a hot Wednesday in June, the red/white table (14 of us) had fun anyway and gobbled up lunch while the Italians beat Switzerland. A Swiss goal that did not happen — no cowbell-ringing and flag-waving, ready but not to be. Everyone at Four Peak Establishment would have known and witnessed if the Swiss had scored, a goal that can change everything.







Italy - Switzerland
The Swiss lost the match 3 : 0



A Miracle on Grass — Switzerland/France June 28, 2021

A moment of brilliance that changed everything . . . a country going wild when Yann Sommer's hand stopped the 160 million-EURO-man, young PSG-Star Mbappé — France saved the best for last — Yann's glorious, miraculous save sent Switzerland into blissful ecstasy and the Quarter Final against Spain. A substitute Mario Gavranovic (from Tessin) scored the power of one goal (90tiest minute) and sent the game into overtime. Agony, a contrast of emotions continued and hope outweighed expectations. A classic . . . whoever watched will never forget. A country united in sports — FUSSBALL. The red and white team showed Wilhelm Tell mentality. Hopp Schwyz!

Final score: 3 : 3 Switzerland 5 penalties — France 4

Agony of Defeat — Switzerland/Spain July 2, 2021

An early Spain goal demoralized — an own goal by Zakaria replacing Shaka, (gesperrt, too many yellow cards) for this first and important quarter-final since 1954. Embolo hurt, Alpine-Messi (Shaqiri) scored to tie, and Freuler's red card — that was no red card. Unfair! 10 men for 43 minutes played with Swiss determination . . . eine Abwehrschlacht, ein Nerven-Krimi started. Defend and Sommer saves. Yet, Lady Luck was asleep during the penalty shoot-out. Goodbye Sommertime — Yann, named Nati-Star of EURO 2020. A Swiss newspaper calls the Swiss team: "Unsere Europameister der Herzen" (EURO team of the hearts). Such is Soccer/Fussball: You win as a team — You lose as a team.

Final score: 1 : 1 Spain 3 penalties — Switzerland 1

Sadly, we have to inform you that our long-standing member,

Verena Schoenmann

passed away February 22, 2021. She was 98-1/2 years old.





Fall-Fest

Upcoming Event

October 16th, 2021
Golden Eagle Park, Fountain Hills

RESERVE THE DATE!



Children's page
and young at heart



Aargauer Rüeblitorte

Cake Ingredients

- 1 cup PLUS 2 tbsp (250g) SUGAR
- 5 eggs separate YOLKS and WHITES
- 2 cups (250g or about 5 carrots) GRATED CARROTS
- 2 tbsp WARM WATER
- 1 3/4 cup PLUS 1 tbsp (250g) GROUND UNSALTED ALMONDS
- 2 LEMONS
  - use only the zest of 1 lemon for the cake batter
  - use the juice of both lemons for the glaze
- 1/2 cup PLUS 1 tbsp (80g) FLOUR
- 1 tbsp BAKING POWDER
- Pinch of SALT



Glaze ingredients

- 2 cups (250g) CONFECTIONERS' SUGAR
- 2-3 tbsp LEMON JUICE
- 1 tbsp KIRSCH (optional)

Decoration

- Marzipan carrots OR sugar carrots
  - can be purchased at any good Bakery Supplies Store

Preparation Cake

- Preheat oven to 345 degrees F (175 degrees C)
- Grease bottom and sides of a springform pan (baking spray with flour works great)
- In a bowl mix together sugar, egg yolks, water for 5 minutes until frothy and smooth
- Add carrots, almonds and lemon zest
- In a separate bowl mix together the flour and baking powder and the add to the above mixture and set aside
- In a separate bowl beat the egg whites and the salt together until stiff peaks are formed. Gently fold and mix into the carrot mixture
- Pour into the greased springform pan
- Bake for 50-55 minutes or until toothpick comes out clean
- Completely cool before glazing
- Gently remove the cake from the pan and place on serving plate

Preparation Glaze

- Mix together confectioners' sugar, lemon juice and Kirsch (optional) until it's smooth. Adjust quantities according to your taste. It should be runny but thick enough to stick to the edges a bit.
- Pour over the cake making sure to get some close to the edge all around so it can drizzle over the edge.
- Once the frosting has set in a bit you can add marzipan/sugar carrots for decoration.

From the kitchen of Sibylle Zaugg Reuter. She got the recipe from her grandmother in Solothurn Ilse Zaugg–Stebler (mother of Ueli Zaugg)

En Guete!!

Board Members 2021

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Vice President	Jason Price
Treasurer	Sibylle De Marignac
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Investment Committee	John Thornton, Chair Anthony P. Haechler Sibylle De Marignac
Adviser/Jass Coordinator	Ueli Zaugg
Hiking Coordinator	Jason Price

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