Arizona Swiss Society

VALLEY ECHO

Newsletter

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SUMMER / FALL 2020



Lausanne

Welcome Marc, Melina & Kalea Fuhrmann:



We lived in Hermance, Switzerland, a small medieval village on the Lake of Geneva.
Marc grew up in Hermance and did banking studies at the HSG (University of St.Gallen) and was mostly active as an investment advisor in the Swiss banking. He was also involved in local and cantonal politics, as a Municipal Council Member, Cantonal Party President of SVP/UDC, as well as most recently an elected member of the Geneva Grand Conseil (Cantonal Parliament).
Melina came to Zurich, Switzerland in 1997, following her MBA studies at INSEAD, and worked in business development at several international banks during which time she met Marc. She has now been working internationally as a holistic life coach and teacher for more than ten years.
Kalea was born in Geneva and is bilingual, French and English, understanding some German. She'll be 13 this year and is going into seventh grade in August in Sedona.













Message from the President

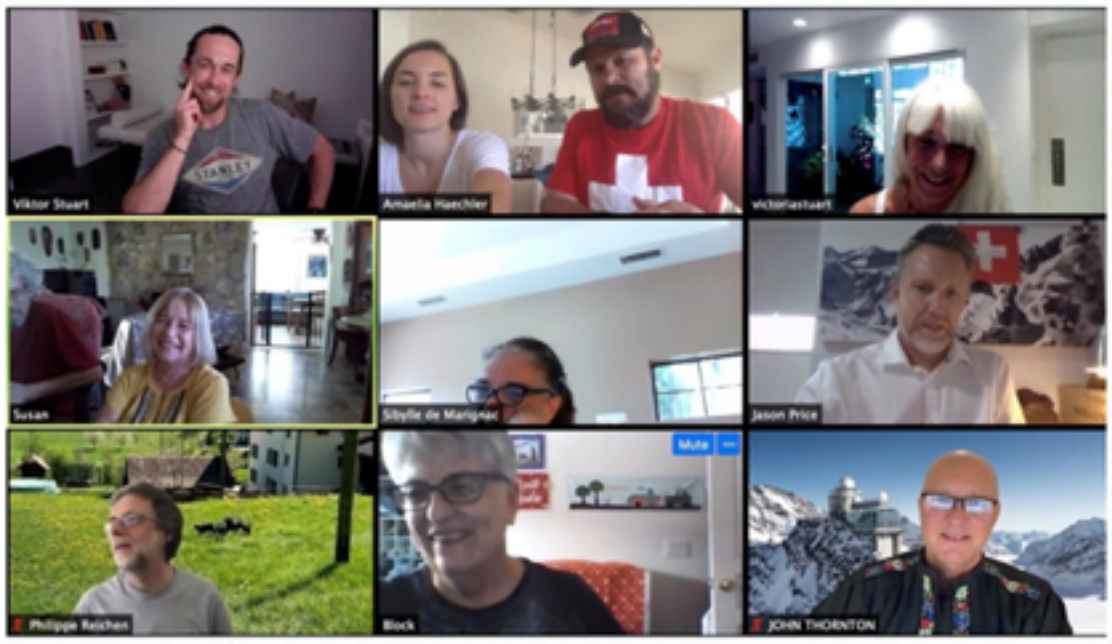
Dear Members of the Arizona Swiss Society:

This coming Saturday, August 1st, marks 729 years of our Swiss Confederation. I wish you all a wonderful and safe celebration on this special day. Due to the continuous COVID-19 health concerns we have decided not to have a physical meeting of our members on August 1st, instead we have chosen to host our very first virtual celebration through a Zoom media gathering. This virtual gathering will be held at 11am AZ time (8pm CH time).

1st of August email invitations with an outline of activities will be sent to you shortly. A couple of interesting activities to look forward to during the Zoom gathering are; the National Day greeting for Swiss Abroad from the President of Switzerland Mrs. Simonetta Sommagura, live speeches from our Consul General of Switzerland in San Francisco Dr. Benedikt Wechsler and from our Honorary Consul of Switzerland in Arizona Dr. Werner Bonadurer, a Swiss and Arizona trivia quiz, and also a competition of which member has the best Swiss dress/costume and which member has the best Swiss background (real or CGI). Members will be judged, and prizes will be awarded. Looking forward to seeing and celebrating with you all via Zoom this Saturday.

Special note: The Consulate General of Switzerland in San Francisco will also have a virtual celebration together with United Swiss Societies of Northern California on Saturday August 1st, at 1pm (AZ/CA time) via YouTube and Facebook. To access this celebration please visit: https://unitedswissnorcal.org/swiss-national-day-2020/

Since the cancelation of our Spring Picnic the AZSS Board has been participating in a few Zoom meetings. Here's a photo of our first Zoom Board meeting:



I believe John Thornton wins best dress/costume and best background during this Board meeting, although Philippe Reichen and Jason Price are a close second for the best background category.

Thank you dearly to all the AZSS Board members for your diligent and continuous efforts in making the Arizona Swiss Society a wonderful and sociable club to be a proud member of.

Upcoming events:
- Fall Fest / Sunday Oct 11, 2020 in Fountain Hills
- Christmas Party / Saturday Dec 5, 2020 at Paradise Valley Country Club (note: date has changed)

As we get closer to these event dates the AZSS Board will decide if we host a physical or virtual gathering, due to the ongoing COVID-19 concerns.

Membership:
- We are currently at 133 x members strong: with 14 x Honorary and 16 x Life Memberships
- A warm welcome to new members Claudia and Safdir Ali from Gilbert
- A warm welcome to new members Mark and Melina Fuhrman from Sedona

If you know of anyone interest in joining our club, please forward them our web site (www.arizonaswisssociety.com).

Again, I wish everyone a joyful 1st of August celebration and hope that you are all safe and sound.

With kindest regards,

Anthony P. Haechler, President
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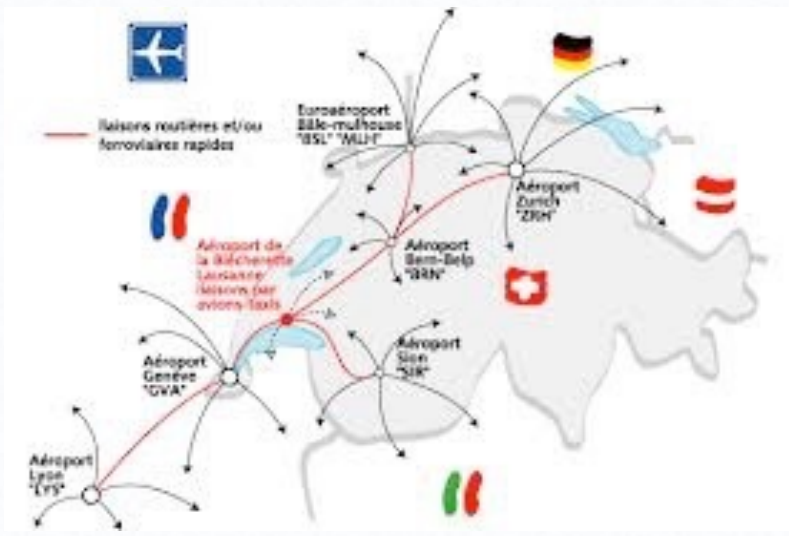
Culture & Activities in Lausanne







Lausanne is the capital city and the biggest town of the canton of Vaud in Romandy, located at the shores of Lac Léman. It is also the fourth largest city in Switzerland. Lausanne is built on three hills and located between the extensive wine-growing regions of Lavaux (to the east) and La Côte (to the west). In 2000 most of the population spoke French (78,8%), with German being second most common (4.3%).





The University of Lausanne is a higher teaching and research institution composed of seven faculties where approximately 14,300 students and 3,000 researchers work and study.
UNIL is focused on several academic disciplines, especially Medicine, Life Sciences, Geosciences, Environment, Business, Humanities and Social Sciences. An emphasis is placed on an interdisciplinary approach, with close cooperation between students, teaching staff, and professors.



The Cathedral of Notre Dame of Lausanne is a church located in the city of Lausanne, and belongs to the Evangelical Reformed Church of the Canton of Vaud. Construction of the Cathedral began as early as 1170. Twenty years later another master mason restarted construction. In 1536 a new liturgical area was added to the nave, and the colorful decorations inside the Cathedral were covered over. Other major restorations occurred later in the 18th and 19th century which were directed by the great French architect, Eugène-Emmanuel Viollet-le-Duc. During the 20th century major restorations occurred to restore the painted interior decorations as well as to restore a painted portal on the south side of the Cathedral. New organs were installed in 2003. From the Reformation in the 16th century, the city was mostly Protestant until the late 20th century, when it received substantial immigration, particularly from largely Catholic countries. Catholics now form a plurality of the city's population.



Activities in and around Lausanne

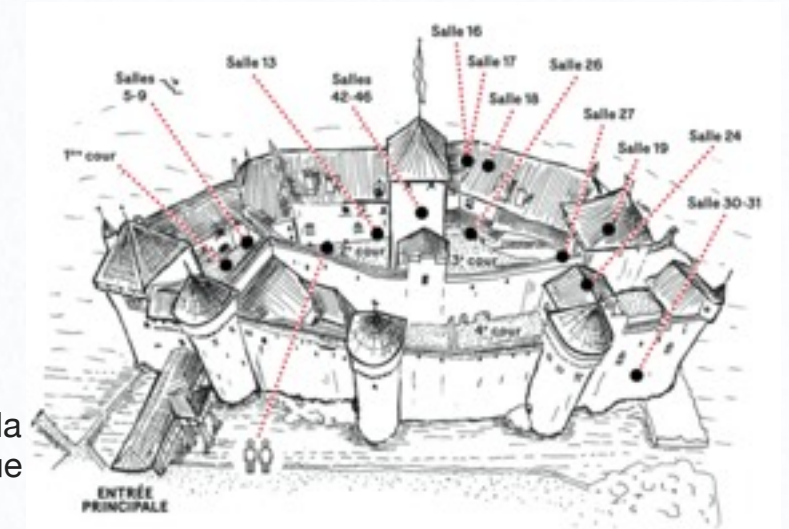




Embedded in the middle of the Alps, Lake Geneva is a real inland sea. A wide range of boat trips are possible: cruises for an hour, a day, or in the evening, for a romantic gourmet cruise or simply to cross Lake Geneva. You can relax and enjoy the magnificent landscapes from the board or by boat. From the rolling slopes of La Côte, to the climbing vineyards of Lavaux, or the steep cliffs from French Chablais to the shining shores of Haute-Savoie, the fleet of Compagnie Générale de-Navigation runs, and all these tours are offered. Board one of sixteen ships (8 paddle changers including 5 steamers and 8 propeller vessels) and discover countless beautiful sights in a pleasant atmosphere.

CHILLON

SWISS CULTURAL HERITAGE



Le château de Chillon™ sous sa forme actuelle est le résultat de p usieurs siècles de constructions et de réaménagements. Les fouilles menées dès la fin du XIXe siècle, en particulier celles conduites par l'archéologue Albert Naef (1862-1936), attestent l'occupation du site dès l'Âge du Bronze.
L'îlot rocheux sur lequel le château est édifié constituait à la fois une protection naturelle et un emplacement stratégique pour commander le passage entre le nord et le sud de l'Europe. La forteresse, construite sur une véritable île, en a épousé la forme ovale. Elle mesure environ 100m sur 50m. Elle a aussi puisé son nom de la roche, d'une ancienne langue, dans laquelle le mot "Chillon" signifie plateforme rocheuse. L'histoire du château est marquée par 3 grandes périodes : des Savoie, des baillis bernois et de l'État de Vaud.

www.chillon.ch/en/

LAUSANNE 2020 YOUTH OLYMPIC GAMES

Lausanne is a focus of international sport, hosting the International Olympic Committee (which has recognized the city as the "Olympic Capital" since 1994), the Court of Arbitration for Sport and some 55 international sport associations, Lausanne hosted the 2020 Winter Youth Olympics in January.
The Youth Olympics Games featured 8 sports and 16 disciplines. 81 events, there were 13 mixed team events (NOCs), 34 men's events, and 34 women's events. Ski mountaineering and women's Nordic combined was featured for the first time in an Olympic event. A mixed-NOC 3-on-3 ice hockey tournament and a women's doubles event in luge also was contested for the first time.



Le musée olympique est fondé sous l'impulsion de Juan Antonio Samaranch qui s'est fixé la création à Lausanne d'un musée et d'un centre d'étude olympique. Il est le deuxième musée le plus visité de Suisse.

THE OLYMPIC MUSEUM

To experience the Olympics at close quarters and feel the Olympic spirit the way the athletes felt it, to study the history of the Games from antiquity to today - thanks to the latest computer technology and audiovisual media, all of this can be accomplished in the Olympic Museum in Lausanne.

Chocolate promotion for the Bavona valley Ticino



In order to protect the Ticino Bavona Valley, Swiss Homeland Security and Pro Natura are launching a chocolate campaign in autumn. The valley offers habitats for animals and plants and contributes to biodiversity in Switzerland, including butterflies, reptiles and birds.
The sale of chocolate made from organic Swiss milk and cocoa from fair trade starts in September, as the two organizations wrote in a message on Monday. Schoolchildren will sell the Schoggitalers from August 31 to September 28, 2020 (in Ticino from September 7). From September 16 to mid-November to chocolate fans, also available in Swiss Post sales outlets.

The Schoggitaler campaign does not only serve the concerns of nature and homeland protection in Switzerland. The participating school classes also benefit: on the one hand, they receive didactically prepared teaching materials and a short film on the subject of cultural landscapes. On the other hand, 50 centimes flow into the class box office for each taler sold.

Since 1946, Pro Natura and Swiss Homeland Security have been working together with the sale of Schoggitalers to preserve the natural and cultural heritage. The two sponsoring organizations are non-governmental organizations (NGOs) and are not for profit.
Pro Natura was founded in 1909 and claims to have over 160,000 members. Their commitment is to promote and preserve the local flora and fauna. Swiss Homeland Security has been campaigning for the preservation of monuments and cultural landscapes since 1905. It unites around 27,000 members and patrons.

Along the lake Maggiore shores, facing the Borromean islands Baveno is a little town in the Piedmont region. Its territory is rich in history, traditions and culture. There are plenty of of archaeological, artistic and architectural testimonies: from the findings of the ‘neolithic’ age (2500-1800 B.C.) in the hamlet of Feriolo, important and thriving commercial port, both on the lake and on the river, linking the Ossola Valley and the territories on the other side of the Alps to the capitals of Lombardy and the maritime centers of Venice and Genoa; to the remains of the Roman age, documented by tombstones and discoveries found in the necropolis (I-II centuries A. D.), with domestic and funerary furnishings, arms, bronze and golden coins (IV-V centuries A. D.), and to the Roman architecture witnessed in the monumental complex of St. Gervasco and Protaso Church in the centre of Baveno. The quarrying of the precious pink granite started in the XVI century, while the architecture of the XVII and XVIII centuries is represented by churches and numerous devotional chapels, linked one to the other by quiet walks that offer wonderful panoramic views.
In the XIX century, the development of important commercial routes like the opening of the carriage road of the Simplon (1807), wanted by Napoleon, to link Paris to Milan, and the launch of the first steamboats (1826) with on-board restaurants for tourist navigation of Lake Maggiore transformed Baveno into a ‘post-city’ where stage-coaches headed. The privileged geo-graphical position of Baveno, the first city onto the lake for people arriving from Northern Europe and the last for those returning back home passing through the Simplon Pass, and the many attractions it offers to those who, according to a local journal, ‘tired of travelling, stop at the hotels for some days to enjoy the fresh air and the wonderful view’, make of it a perfect place for a break. The strengthening of the railway linking Genoa and Turin, the completion of the railway Novara-Domodossola (1888) and in 1906 the opening of the Simplon tunnel, directly linking Lake Maggiore with Switzerland, definitely inserted Baveno in the circuit of international tourism.





After Days of Rain, The Sun Decides to Shine



For my father

Master of the tightrope, my father, barber in a tiny Swiss village,
where even dreaming had its limits.
His smile had no sound but meant everything.
Still does. Always will.
His unspoken words only I can hear.
His pain with its eerie silence.
I pretend to possibly understand the depth of my dad, carved into my soul.
I remain mesmerized.
The majestic Alps hidden behind angry clouds soaring — close to heaven.
On the edge of the gray lake I know can be blue, a watery gleam of sunshine — a faint outline
of snow high up, my heart skips a beat.
The power of light shining on pure white,
on a mountain, my father's mountain,
a giant called Titlis. His favorite.
The clearing like an opening of the sky,
as I listen to the past,
pockets of paradise ignite the cloudy sky,
Tädi, smiling from Heaven.



The morning sun holding a memory locked in my heart.
A sight, rare because of rain for days, clouds, mysterious fog, Mein Vater, as big as life.
The irreversible loss of the past illuminates his mountain, aware of Dad's presence,
remembrances from long ago not necessarily as they were.
I feel his eyes and soul watching me, until, at last,
I am beyond his range of vision — not Dad's wisdom.
A moment in time in a glamorous hotel on Lake Lucerne, on a slippery balcony on the fourth floor,
a vision leaves me crying behind my hand.
The mountain he climbed and conquered as a young man during the War.
Sunshine . . . what a magical, spiritual source.



Trudy Wells-Meyer



Club News / Sunshine Committee

There is Life During Lockdown of 2020



Potluck by Christa Hollander

Mid April we had our 240th consecutive monthly (20 years) raw vegan food potluck gathering for whoever wanted to attend. Only 8 out of a thousand members attended. We could not miss it.



Mother's Day with everyone in the family.



Christa's grandkids Evan and Claire





End of April one of our many family hikes.

Fountain Hills during Springtime

Pictures taken in the neighbor's front yard during Barbara Hahl-Zahno's social distancing walks.





"Scarlet Hedgehog Cactus Flower"



pictures by Barbara M. Zahno



Heidi Luedecke remodeled her condo. Looking at these flowers every day made her smile!

Trudy and Lew at Gateway Trailhead hiking in the wonderful Mc. Dowell mountains in April. Happy Hour at the Javalina Cantina during their yearly Spring Sedona trip in March.





Club News / Sunshine Committee

There is Life During Lockdown of 2020



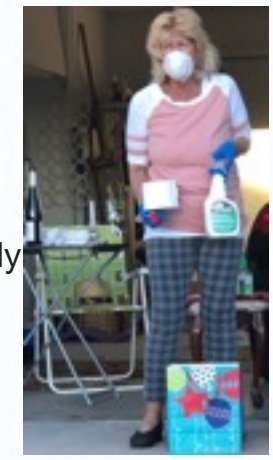
Happy Birthday Pia!

Birthday-Party during Lockdown in her front lawn with sons Marco and Eric Sr., grandson Eric Jr. and granddaughter Emilia, Debbie with Birthday Balloons. Marco played the Swiss Alphorn and the Swiss Cow Bell rang.



Happy Birthday Brigitte!

Her family at the Birthday-Party in the driveway on March 24th. Brigitte shows the birthday gifts she got from family. Are they really useful? Toilet paper, like a rare jewel in those days. (it was insane!!!)





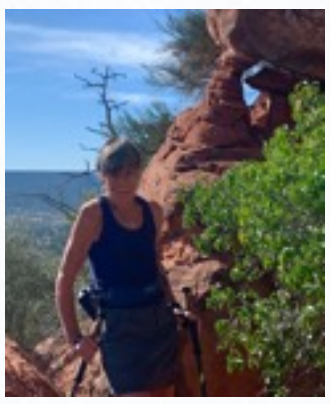
Graduation ceremony of granddaughter Rachel-Brigitte and grandson Benjamin-Heinrich Adelberg

Sedona, the nicest place to be!

Edith and Rolf enjoy the beautiful nature around Sedona. Afterwards they are dancing in their garage. What fun!





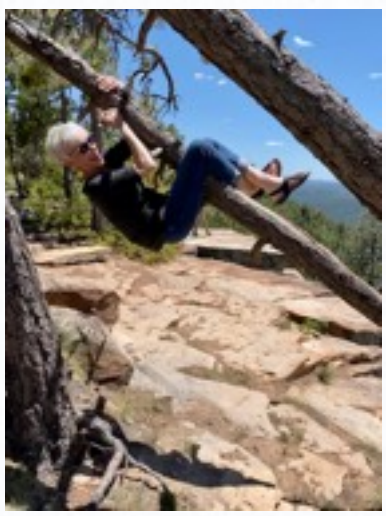






Picnic on the Rim

Bebe and Kent's pic-nic near the Rim ended up clowning around and climbing the tree.





Club News / Sunshine Committee

There is Life During Lockdown of 2020 in Switzerland





On our walks in the countryside we saw sheep, goats, butterflies, and very beautiful cherry blossoms.







Newborn sheep

Edelweiss and Enzianen in our neighbor's garden

We Welcome New Members

Fuhrmann Marc and Melina with Kalea in Sedona

Claudia and Safdir Ali from Gilbert



Fall-Fest

Upcoming event

October 11th, 2020

Golden Eagle Park, Fountain Hills

RESERVE THE DATE



Advertise in the Valley eCHo

Business card size	$ 10.00 per insert,	(no discount)
¼ page	$ 25.00 per insert,	pay 4 and get 10% off
½ page	$ 50.00 per insert,	pay 4 and get 10% off
Full page	$ 100.00 per insert,	pay 4 and get 10% off



Children's page
and young at heart



Papet Vaudois and cabbage sausage recipe (Waadtländer Laucheintopf)

Papet means something like porridge - because traditionally you cook this delicious stew of leeks and potatoes until you have a creamy base on which the thick saucisson vaudois, a sausage on a light creamy base, can be enjoyed.



Prep time 20 min, cooking time 45 min, total time 1 hr. 5 min

Servings: 4 people

Ingredients

- 4 cabbage sausages
- 1 kg leek
- 1 kg potatoes (mashed potatoes type)
- 1 onion
- 20 gr butter
- 5 dl white wine
- 1 vegetable bouillon cube
- 1 tbsp crème fraîche
- 1 tbsp cider vinegar

Instructions

- Cut and wash the leeks after removing a good deal of the green.
- Peel and cut the diced potatoes. Rinse them.
- Peel and cut the onion.
- In a cast iron casserole, melt the butter and fry the leeks and onion for 3 to 5 minutes.
- Add the white wine, a cube of vegetable broth and season with a little pepper. Cook 15 minutes.
- Add the potatoes and cover with water. Cook for about 40 minutes, until the potatoes are cooked.
- Bring a saucepan of water to a boil large enough to put all your cabbage sausages previously pricked at the ends with a toothpick so that they can gorge themselves with water.
- Once the water boils, add the sausages and cook for 45 minutes.
- When the potatoes are cooked, remove the excess water if necessary, then add the cream and vinegar, mix while crushing the mixture with a fork or using a mashed press.
- Serve with a cabbage sausage per person.

Bon appétit!







Board for Directors 2020

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Vice President	Viktor Stuart
Treasurer	Sibylle de Marignac
Secretary	Victoria Stuart-Haldemann
Activity Chairs	Susan Oake Jaspm Price Amaella Haechler
Membership Chair	Helene Block
Past President	John Thornton

Ex-Officio:

Honorary Swiss Consul	Dr. Werner Bonadurer
Swiss Consul Emeritus	Max Haechler

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Sunshine Committee	Elsbeth Haechler Yvonne Zaugg
Historian	Sigrid Kuster
Webmaster	Philippe Reichen
SocialMedia Coordinator	Vivian Stearns-Kohler
Entertainment Coordinator	vacant
Investment Committee	John Thornton, Chair Anthony P. Haechler Sibylle de Marignac
Adviser/Jass Coordinator	Ueli Zaugg

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